



# Sundowner Triathlon

Pos	Athlete Name	Cat	Cat Pos	Club	Swim	T1	Bike	T2	Run	Total Time
1	Graham Rance	M 30-34	1	Nrg/Tri Science	00:27:12	00:02:40	02:16:06	00:02:01	01:27:31	04:15:30
2	Hedley Fletcher	M 40-44	1	Ryton Tri	00:30:17	00:02:21	02:18:00	00:02:22	01:25:06	04:18:05
3	Kevin Dawson	M 45-49	1	Dawson Racing Team	00:32:07	00:02:20	02:09:59	00:01:51	01:32:09	04:18:25
4	Oliver Dixon	M 20-24	1		00:25:53	00:02:22	02:20:14	00:01:12	01:29:24	04:19:05
5	Cole Drews	M 25-29	1	Team Tri Guru	00:24:52	00:02:38	02:21:33	00:01:48	01:34:57	04:25:47
6	3 Goolies	RELAY	1		00:28:45	00:02:37	02:14:54	00:00:41	01:38:52	04:25:48
7	Steve Grocock	M 45-49	2	Britcon Otcf Rt	00:26:25	00:02:30	02:19:46	00:02:48	01:39:51	04:31:19
8	Ian Fothergill	M 30-34	2	Craven Energy	00:28:15	00:02:20	02:31:14	00:02:24	01:27:21	04:31:35
9	Joe Duckworth	M 45-49	3	Chorley Ac And Tri	00:29:58	00:02:40	02:29:23	00:01:25	01:28:43	04:32:09

10	Steve Schofield	M 40-44	2		00:23:38	00:02:42	02:27:57	00:01:20	01:37:16	04:32:52
11	Darren Sharpe	M 40-44	3		00:29:24	00:02:24	02:32:36	00:02:07	01:26:51	04:33:22
12	James Hadfield	M 25-29	2	Tyne Tri	00:32:44	00:02:44	02:22:41	00:01:55	01:33:24	04:33:27
13	Andrew Greenhalgh	M 35-39	1	Manchester Tri Club	00:30:02	00:02:28	02:26:47	00:01:40	01:33:16	04:34:12
14	Danny Bluff	M 20-24	2	Team Newcastle Triathlon	00:27:29	00:02:28	02:36:33	00:02:21	01:26:53	04:35:43
15	Team Stc And Chris	RELAY	2	Team Stc And Chris	00:29:28	00:02:16	02:34:45	00:00:39	01:28:39	04:35:47
16	Ian Cox	M 45-49	4	Fitt	00:28:20	00:02:31	02:12:27	00:03:37	01:51:02	04:37:57
17	Jason Cutler	M 40-44	4	Nrg/Tri Science		00:28:58	02:33:21	00:02:33	01:33:47	04:38:38
18	Brett Daughtrey	M 40-44	5	Team Manvers	00:34:15	00:02:36	02:21:42	00:01:36	01:39:02	04:39:10
19	Paul Craig	M 35-39	2	Tri Preston	00:23:31	00:02:36	02:31:53	00:01:39	01:39:58	04:39:36
20	Michael O Grady	M 50-54	1		00:33:10	00:02:41	02:28:19	00:02:31	01:34:18	04:40:57
21	Rachel Hall	F 30-34	1	Manchester Tri Club	00:29:27	00:02:18	02:36:09	00:01:29	01:32:10	04:41:32

22	Adrian Barbrooke	M 40-44	6		00:28:39	00:02:43	02:33:24	00:01:11	01:36:11	04:42:07
23	Jonathan Hyde	M 40-44	7	Astley & Tyldesley Road Runners	00:27:52	00:02:22	02:36:14	00:02:39	01:33:43	04:42:50
24	Simon Courtney	M 30-34	3	Stadium Runners	00:36:29	00:02:35	02:40:50	00:01:16	01:22:58	04:44:07
25	Chris Hitchings	M 25-29	3	Smoke Bbq	00:24:42	00:02:37	02:34:00	00:01:30	01:42:06	04:44:55
26	Andy Orton	M 35-39	3	Tri Preston	00:33:07	00:02:27	02:22:12	00:01:28	01:47:18	04:46:31
27	Ben Anderson	M 40-44	8	Sheffield Tri Club	00:26:54	00:02:16	02:29:39	00:01:20	01:48:39	04:48:47
28	Timothy Bagguley	M 30-34	4		00:25:56	00:02:35	02:38:07	00:02:38	01:40:07	04:49:21
29	Michael Carpenter	M 30-34	5		00:30:22	00:02:24	02:37:00	00:01:33	01:38:44	04:50:02
30	Fred Smith	M 35-39	4		00:33:59	00:02:44	02:32:03	00:02:08	01:39:08	04:50:02
31	Paul Tiffany	M 40-44	9	Craven Energy	00:26:52	00:02:30	02:39:56	00:02:58	01:38:00	04:50:15
32	Jamie Ward	M 35-39	5		00:36:29	00:02:52	02:37:39	00:02:06	01:32:11	04:51:15
33	Richard Newell	M 45-49	5	53 Eleven	00:28:24	00:02:32	02:35:30	00:01:09	01:44:39	04:52:14

34	Richard Price	M 40-44	10	Team Manvers	00:29:23	00:02:44	02:39:28	00:02:15	01:38:58	04:52:47
35	Dave Christie	M 50-54	2	Harrogate Tri Club	00:35:37	00:02:36	02:40:09	00:01:39	01:32:52	04:52:51
36	Paul Hurden	M 40-44	11	Tri Preston	00:31:53	00:02:27	02:44:20	00:01:28	01:33:20	04:53:28
37	Philip Westoby	M 40-44	12	Army	00:27:58	00:02:42	02:31:23	00:01:34	01:50:19	04:53:55
38	Gareth Hughes	M 25-29	4	Bassetlaw Tri Club	00:33:06	00:02:41	02:39:57	00:01:07	01:37:12	04:54:01
39	Christopher Blagden	M 45-49	6		00:32:55	00:02:38	02:40:53	00:02:06	01:36:04	04:54:37
40	Martin Bluck	M 50-54	3	One Life Racing	00:27:55	00:02:43	02:42:25	00:02:32	01:39:22	04:54:56
41	Richard Walker	M 30-34	6		00:44:01	00:02:33	02:40:30	00:01:32	01:27:32	04:56:08
42	Andrew Pearson	M 40-44	13	Wakefield Triathlon Club	00:43:34	00:04:38	02:26:55	00:04:01	01:39:09	04:58:17
43	Helen Talbot	F 40-44	1	Nuneaton Triathlon Club	00:28:54	00:02:38	02:47:17	00:03:40	01:35:53	04:58:22
44	Martyn Pollit	M 55-59	1		00:38:15	00:02:19	02:37:46	00:01:51	01:39:15	04:59:26
45	Simon Wood	M 45-49	7	Sheffield Tri Club	00:31:54	00:02:36	02:44:47	00:02:23	01:38:38	05:00:18

46	Jon Wilkinson	M 50-54	4	Real Fitness Race Team	00:32:13	00:02:10	02:31:49	00:01:48	01:52:18	05:00:18
47	Mel Sykes	F 30-34	2		00:34:18	00:02:38	02:39:23	00:02:03	01:42:33	05:00:54
48	Marcus Sheridan	M 40-44	14	Tri Preston	00:31:02	00:02:43	02:38:22	00:02:54	01:46:03	05:01:02
49	John Ludvigsen	M 55-59	2	Wakefield Triathlon Club	00:31:33	00:02:37	02:41:11	00:02:27	01:43:25	05:01:12
50	Matthew Reed	M 40-44	15	Sheffield Tri Club	00:33:56	00:02:28	02:41:15	00:02:34	01:41:19	05:01:31
51	Euan Davies	M 20-24	3	Crystal Palace Triathlon	00:35:19	00:02:31	02:38:15	00:01:09	01:45:17	05:02:30
52	Don Johnson	M 35-39	6	Yorkshire Warriors	00:30:07	00:02:18	02:41:19	00:03:02	01:45:47	05:02:32
53	Jonathan Tuck	M 40-44	16	Blackpool Aquatics Triathlon Squad	00:36:11	00:02:27	02:42:10	00:02:14	01:39:31	05:02:33
54	Anthony Herson	M 45-49	8		00:31:33	00:02:38	02:47:35	00:02:36	01:38:25	05:02:47
55	Jonathan Bower	M 45-49	9	Lincsquad	00:30:56	00:03:03	02:43:42	00:01:20	01:43:48	05:02:48
56	David Arundale	M 35-39	7	Selby Cycling Club				03:18:14	01:44:39	05:02:53
57	Steve Barker	M 40-44	17		00:34:21	00:02:27	02:29:58	00:02:35	01:53:50	05:03:10

58	Jack Knight	M 25-29	5		00:28:40	00:02:43	02:43:08	00:02:01	01:47:13	05:03:44
59	Howard Spence	M 45-49	10	Tri Rivington	00:31:16	00:02:22	02:36:42	00:02:46	01:51:02	05:04:06
60	Paul Dumont	M 40-44	18	Wakefield Triathlon Club	00:36:08	00:02:24	02:46:54	00:01:40	01:37:27	05:04:33
61	Jeff Mowbray	M 55-59	3	Nyp Tri	00:31:08	00:02:53	02:36:10	00:01:51	01:52:57	05:04:58
62	Adrian Messingham	M 45-49	11	Barracuda Tri	00:31:33	00:02:20	03:17:46	23:29:22	01:44:18	05:05:18
63	Andrew Taylor	M 35-39	8	Manchester Tri Club	00:31:15	00:02:28	02:36:59	00:01:58	01:52:55	05:05:35
64	Paul Sellars	M 45-49	12		00:31:53	00:02:24	02:47:25	00:01:51	01:42:02	05:05:35
65	Adrian Kraemer	M 20-24	4	University Of Sheffield Triathlon Club	00:45:15	00:02:43	02:39:55	00:02:20	01:35:27	05:05:39
66	Ashley Curzon	M 35-39	9		00:32:36	00:02:37	02:40:21	00:01:32	01:48:44	05:05:49
67	Jeff Fidler	M 50-54	5	Knutsford Tri Club	00:40:36	00:02:16	02:40:08	00:02:30	01:40:30	05:05:59
68	Rob Partington	M 50-54	6	Sheffield Tri Club	00:31:42	00:02:33	02:52:18	00:01:50	01:37:38	05:06:00
69	Gareth Crabb	M 40-44	19	Lincsquad	00:36:03	00:02:42	02:45:22	00:01:15	01:40:51	05:06:11

70	Fiona Kesteven	F 40-44	2	Racing Tnt	00:33:16	00:02:06	02:42:57	00:03:52	01:44:36	05:06:46
71	Michael King	M 35-39	10		00:34:23	00:01:33	02:52:19	00:01:28	01:37:08	05:06:50
72	Simon Hedley	M 35-39	11	York Tri Club	00:35:15	00:01:57	02:47:40	00:01:15	01:41:03	05:07:08
73	Duncan Grosvenor	M 35-39	12	Merseytri	00:28:46	00:02:17	02:43:26	00:02:18	01:51:09	05:07:54
74	Albert Call	M 45-49	13		00:35:15	00:04:22	02:41:35	00:02:04	01:45:29	05:08:44
75	Richard Gale	M 40-44	20	York Tri Club	00:39:15	00:05:07	02:39:26	00:02:14	01:43:41	05:09:42
76	Stephen Jones	M 25-29	6	Uni Of Nottingham Tri Club	00:32:45	00:02:17	02:44:53	00:01:19	01:48:31	05:09:44
77	Graham Tye	M 50-54	7	Team Tyzer	00:32:54	00:02:42	02:32:22	00:02:07	01:59:44	05:09:49
78	Dave Marsh	M 30-34	7	Vp Race Team	00:36:16	00:02:25	02:45:53	00:03:23	01:41:54	05:09:50
79	Aidy Bailey	M 35-39	13		00:31:32	00:03:27	03:24:51	23:26:05	01:44:42	05:10:35
80	Graeme Grindrod	M 30-34	8	Manchester Tri Club	00:41:05	00:02:27	02:49:05	00:01:09	01:36:53	05:10:38
81	Andrew Coldwell	M 50-54	8	Team Manvers	00:36:43	00:02:28	02:44:54	00:03:26	01:43:21	05:10:50

82	Andy Leggett	M 50-54	9		00:36:58	00:02:28	02:41:15	00:03:02	01:48:19	05:12:01
83	Gill Edmondson	F 40-44	3	Wetherby Rats	00:33:47	00:02:24	02:50:08	00:02:10	01:44:18	05:12:46
84	Les Evans	M 30-34	9	Stonehaven Rc	00:43:38	00:02:23	02:39:08	00:01:40	01:46:02	05:12:51
85	Lee Hemmings	M 35-39	14	Rochdale Tri Club	00:38:53	00:02:18	02:44:26	00:02:19	01:45:09	05:13:06
86	Catherine Labrianidis	F 45-49	1	Peak Xv	00:28:41	00:02:30	02:54:28	00:02:45	01:45:19	05:13:42
87	Rob Newton	M 25-29	7		00:32:23	00:02:23	03:08:07	00:02:53	01:28:00	05:13:44
88	Allan Little	M 35-39	15	Sheffield Tri Club	00:32:24	00:02:50	02:52:59	00:01:38	01:44:19	05:14:07
89	Darren Little	M 30-34	10	Kendal Tri Club	00:33:12	00:02:38	02:54:28	00:03:06	01:40:51	05:14:15
90	Super Troopers!	RELAY	3	Super Troopers!	00:31:33	00:02:25	02:56:57	00:00:45	01:43:01	05:14:41
91	John Brunyee	M 40-44	21		00:38:10	00:02:34	02:45:56	00:03:04	01:45:00	05:14:44
92	Daniel Scott	M 30-34	11	Barracuda	00:33:50	00:03:35	02:47:49	00:01:57	01:47:39	05:14:48
93	Matthew Savory	M 25-29	8		00:36:59	00:02:25	02:47:32	00:03:10	01:44:47	05:14:51



94	Pedro Acha	M 45-49	14	Leeds Bradford Tri Club	00:36:27	00:02:21	02:50:25	00:03:17	01:42:28	05:14:58
95	Adam Raffell	M 30-34	12		00:32:21	00:02:06	02:54:46	00:02:18	01:43:41	05:15:11
96	Joshua Crowther	M 20-24	5	Royal Navy Triathlon	00:34:46	00:02:30	02:48:26	00:02:44	01:47:15	05:15:40
97	Gary Hatch	M 50-54	10	Leeds Bradford Tri Club	00:37:00	00:03:29	02:44:21	00:03:04	01:47:50	05:15:44
98	Neil Hodgson	M 50-54	11	Astley & Tyldesley Road Runners	00:35:47	00:02:37	02:46:07	00:02:15	01:49:05	05:15:51
99	Stephen Green	M 45-49	15	Ne31 Tri Club	00:29:48	00:02:35	02:44:34	00:03:15	01:56:38	05:16:50
100	Oliver Saxon	M 25-29	9	Animis Racing Team	00:35:18	00:02:42	02:49:50	00:02:41	01:46:32	05:17:02
101	Heather Parkin	F 40-44	4	Wakefield Triathlon Club	00:30:52	00:02:37	02:56:57	00:01:32	01:45:06	05:17:04
102	Steve Kaye	M 40-44	22	Team Manvers	00:33:03	00:02:16	02:50:27	00:02:21	01:48:58	05:17:04
103	Nick Dootson	M 30-34	13		00:31:48	00:02:19	03:01:12	23:52:53	01:49:16	05:17:27
104	Andrea Lancaster	F 40-44	5	York Tri Club	00:35:03	00:02:40	02:57:15	00:02:46	01:39:50	05:17:33
105	Chris Hannant	M 45-49	16		00:25:06	00:11:04	02:51:02	00:04:19	01:46:09	05:17:38

106	Peter Tindall	M 35-39	16		00:35:55	00:02:58	02:45:53	00:03:37	01:49:35	05:17:56
107	Peter Kelly	M 45-49	17		00:27:07	00:02:34	02:51:12	00:02:51	01:54:12	05:17:56
108	Alastair Wills	M 35-39	17	Leeds Bradford Tri Club	00:30:06	00:02:25	02:49:31	00:02:51	01:53:40	05:18:32
109	Anthony Hart	M 45-49	18	Astley And Tyldesley	00:41:25	00:02:44	02:40:21	00:02:16	01:52:34	05:19:20
110	Chris Store	M 30-34	14		00:33:27	00:03:00	02:51:17	00:02:34	01:49:20	05:19:37
111	Graham Robinson	M 50-54	12	Barracuda Tri	00:34:29	00:02:47	02:52:10	00:03:03	01:47:39	05:20:08
112	Christopher Clarke	M 45-49	19	Mansfield Triathlon	00:33:12	00:03:28	02:38:56	00:04:57	01:59:47	05:20:20
113	Roy Brunning	M 50-54	13	Raf Tri	00:33:02	00:02:40	02:49:15	00:02:48	01:52:51	05:20:34
114	Stuart Parsonson	M 40-44	23	Tri Rivington	00:34:17	00:02:34	02:54:07	00:02:00	01:48:02	05:20:59
115	David Hinch	M 45-49	20	Lincsquad	00:43:44	00:04:36	02:35:27	00:04:38	01:53:06	05:21:30
116	Stuart Green	M 30-34	15	Glenrothes Triathlon Club	00:39:13	00:02:31	02:54:52	00:04:03	01:41:55	05:22:33
117	Ian Joslin	M 40-44	24	Astley & Tyldesley Road Runners	00:42:51	00:03:20	02:46:05	00:02:15	01:48:24	05:22:53

118	Dean Ramsden	M 45-49	21	Tri Rivington	00:39:39	00:02:16	02:43:59	00:02:26	01:54:55	05:23:14
119	Steven Walsh	M 35-39	18	Knutsford Tri Club	00:29:41	00:02:39	02:50:34	00:02:48	01:57:38	05:23:19
120	Mark Gollings	M 50-54	14	Lincsquad	00:41:38	00:02:15	02:37:07	00:01:57	02:00:40	05:23:36
121	Caz Kay	F 35-39	1	Racing Tnt Triathlon Team	00:30:41	00:02:29	02:53:19	00:04:04	01:53:06	05:23:38
122	Kathryn Roberts	F 35-39	2		00:32:33	00:02:22	02:52:11	00:01:48	01:55:16	05:24:08
123	Ian Hurst	M 40-44	25	Ribble Valley Triathlon Club	00:41:11	00:02:41	02:46:12	00:02:04	01:52:32	05:24:40
124	Michael Pepper	M 50-54	15		00:25:46	00:02:23	02:53:37	00:04:20	01:58:44	05:24:49
125	Michael Vargas	M 30-34	16		00:42:23	00:03:10	03:14:30	00:00:59	01:23:53	05:24:55
126	Andy Pidduck	M 55-59	4	Adwick Triathlon Club	00:35:49	00:02:42	02:45:29	00:01:21	01:59:38	05:24:59
127	Lisa Baker	F 40-44	6	Team Woody	00:31:40	00:02:39	02:53:29	00:03:07	01:54:14	05:25:08
128	Gary Forsyth	M 50-54	16		00:38:11	00:02:44	02:44:55	00:01:58	01:57:27	05:25:13
129	Jon Challen	M 40-44	26	Manilla Cycling	00:35:27	00:02:18	02:43:38	00:03:54	02:00:13	05:25:30

130	Tom Dawson	M 30-34	17	East Hull Harriers	00:40:57	00:05:00	02:59:43	00:03:17	01:36:46	05:25:42
131	Matthew Kennington	M 45-49	22	York Tri Club	00:33:46	00:02:37	02:55:05	00:03:28	01:51:03	05:25:59
132	Lorraine Smith	F 45-49	2	Holmfirth Triathlon Club	00:28:54	00:02:27	03:08:59	00:01:50	01:43:52	05:26:01
133	Thomas Sockett	M 25-29	10	Glassman Tri	00:39:12	00:02:45	02:37:24	00:02:08	02:04:38	05:26:08
134	Andrew Marsden	M 40-44	27	Sheffield Tri Club	00:32:04	00:02:35	02:35:54	00:01:52	02:13:52	05:26:17
135	Keith Freegard	M 55-59	5	Ealing Triathletes	00:33:27	00:02:54	02:49:57	00:03:05	01:56:58	05:26:19
136	Matthew Rose	M 40-44	28	Holmfirth Harriers Ac	00:36:49	00:03:06	02:59:24	00:01:42	01:45:22	05:26:21
137	Roger Tilbrook	M 55-59	6	Leeds Bradford Tri Club	00:33:46	00:02:42	02:52:31	00:02:10	01:55:28	05:26:36
138	Phil Riley	M 40-44	29	Astley & Tyldesley Road Runners	00:38:57	00:02:35	02:54:24	00:02:22	01:48:23	05:26:41
139	Emma Spence	F 40-44	7	Tri Rivington	00:37:15	00:02:37	02:46:33	00:02:49	01:58:06	05:27:18
140	Simon Morton	M 40-44	30		00:44:17	00:02:29	02:51:39	00:01:38	01:47:24	05:27:25
141	Tri Rivington	RELAY	4	Tri Rivington	00:44:49	00:00:49	02:54:51	00:02:38	01:44:59	05:28:05

142	Robert Sherlock	M 30-34	18		00:38:40	00:04:08	02:47:37	00:04:25	01:53:21	05:28:10
143	Michael Yorwerth	M 45-49	23		00:43:01	00:02:33	02:57:51	00:02:13	01:43:09	05:28:46
144	James Robinson	M 20-24	6	Barracuda Tri	00:32:48	00:02:18	03:02:34	00:01:38	01:49:32	05:28:49
145	David Smith	M 20-24	7	Tri Rivington	00:32:51	00:04:02	02:58:33	00:04:25	01:49:21	05:29:12
146	Thomas Mawer	M 25-29	11		00:37:33	00:04:28	02:55:19	00:03:45	01:48:36	05:29:38
147	Tom Pridding	M 30-34	19		00:34:36	00:03:45	02:48:55	00:02:04	02:00:47	05:30:07
148	Claire Hebblethwaite	F 40-44	8	Knutsford Tri Club	00:32:07	00:02:16	02:58:14	00:02:39	01:55:05	05:30:19
149	Nigel Paylor	M 45-49	24	Mansfield Triathlon	00:38:29	00:03:56	02:53:26	00:03:12	01:51:43	05:30:46
150	Thomas Woolley	M 20-24	8	Wakefield Triathlon Club	00:34:15	00:02:21	02:55:49	00:02:19	01:57:10	05:31:53
151	Simon Liptrott	M 40-44	31	Vegan Runners Uk	00:42:42	00:02:43	02:55:41	00:01:41	01:49:30	05:32:16
152	Greig Shearer	M 45-49	25	Glenrothes Triathlon Club	00:37:03	00:02:45	02:52:47	00:01:42	01:58:07	05:32:22
153	Christopher Wood	M 40-44	32		00:42:33	00:04:47	02:43:34	00:03:56	01:57:41	05:32:30

154	Brendan Matthews	M 30-34	20	Barracuda Tri	00:39:28	00:02:58	03:00:10	00:02:00	01:47:58	05:32:34
155	Amanda Yorwerth	F 45-49	3		00:35:33	00:02:18	03:46:09	23:27:16	01:41:25	05:32:41
156	Rodney Ebanks	M 40-44	33	D3 Ealing Triathletes	00:37:18	00:03:04	02:49:38	00:03:56	01:59:03	05:33:00
157	Jason Codling	M 45-49	26	East Lancs Road Club	00:40:01	00:04:27	02:50:17	00:03:06	01:55:10	05:33:01
158	Philip Cullen	M 45-49	27	Wakefield Triathlon Club	00:37:45	00:02:26	02:50:45	00:03:40	01:58:36	05:33:10
159	Chris Sanders	M 40-44	34		00:38:08	00:02:52	02:57:41	00:04:36	01:51:14	05:34:32
160	Sarah Cole	F 35-39	3		00:35:01	00:02:27	03:04:50	00:03:38	01:48:52	05:34:48
161	Chris Whelan	M 45-49	28	Mersey Tri	00:37:12	00:02:52	03:06:01	00:02:05	01:46:53	05:35:02
162	Richard Anness	M 50-54	17	Lincsquad	00:35:49	00:02:36	02:55:18	00:02:46	01:58:41	05:35:09
163	Barracuda Tri	RELAY	5	Barracuda Tri	00:35:39	00:02:47	03:06:47	00:00:57	01:49:17	05:35:26
164	Alex Hewett	F 30-34	3	Ealing Esc D3 Triathletes	00:32:21	00:02:22	02:57:38	00:01:36	02:01:57	05:35:52
165	John Beveridge	M 30-34	21	Glenrothes Triathlon Club	00:35:08	00:04:52	03:01:25	00:01:58	01:52:52	05:36:13

166	Neil Hall	M 45-49	29	Lincsquad	00:35:34	00:03:31	02:49:09	00:02:52	02:05:34	05:36:38
167	Neil Clark	M 45-49	30	Glenrothes Triathlon Club	00:33:36	00:03:47	03:00:12	00:02:30	01:56:48	05:36:53
168	Linda Whittaker	F 50-54	1	Astley And Tyldesley Road Runners	00:38:53	00:02:05	02:57:17	00:01:43	01:57:22	05:37:21
169	Tony Warham	M 35-39	19	Bolton United Harriers	00:40:50	00:04:55	03:03:09	00:03:32	01:45:19	05:37:43
170	Stuart Town	M 35-39	20		00:34:41	00:02:41	02:55:53	00:02:06	02:02:39	05:37:59
171	Neil Buckley	M 55-59	7	York Tri Club	00:39:30	00:02:43	02:55:26	00:02:55	01:57:30	05:38:02
172	Edward Lisney	M 25-29	12	Beverley Ac	00:39:27	00:03:32	03:03:13	00:02:10	01:49:42	05:38:04
173	Nicola Hall	F 40-44	9	Lincsquad	00:28:58	00:04:08	03:01:12	00:03:18	02:00:33	05:38:09
174	Sean Hewitt	M 45-49	31	Wakefield Triathlon Club	00:35:39	00:02:38	03:06:32	00:05:57	01:47:31	05:38:17
175	Julie Bucknell	F 40-44	10	Wetherby Runners Ac	00:37:33	00:03:17	03:09:04	00:02:17	01:46:07	05:38:18
176	Shaun Gowen	M 35-39	21		00:40:24	00:02:54	03:02:34	00:01:33	01:50:58	05:38:22
177	Charlotte Walton	F 30-34	4	City Of Chester Triathlon Club	00:32:11	00:02:34	03:00:48	00:01:39	02:01:14	05:38:25

178	Andrew Hamlett Orme	M 45-49	32	Knutsford Tri Club	00:32:46	00:02:29	03:09:01	00:04:32	01:50:25	05:39:12
179	Mark Sowerby	M 40-44	35		00:40:58	00:03:00	02:47:48	00:02:45	02:05:06	05:39:36
180	Colin Riddell	M 50-54	18	York Tri Club	00:35:58	00:02:20	02:59:47	00:03:32	01:58:05	05:39:41
181	Mike Watson	M 30-34	22		00:36:18	00:04:05	02:49:32	00:02:53	02:06:53	05:39:41
182	Paul Walton	M 25-29	13		00:39:16	00:04:25	02:58:54	00:04:06	01:53:13	05:39:53
183	Ben Firth	M 35-39	22		00:39:46	00:03:35	03:06:47	00:02:37	01:47:11	05:39:55
184	David Scott	M 45-49	33	Grimsby Tri Club	00:31:45	00:03:26	03:00:39	00:02:49	02:01:25	05:40:04
185	Robert Warburton	M 40-44	36		00:38:50	00:04:06	02:52:59	00:02:55	02:01:18	05:40:07
186	Mathew Boon	M 30-34	23	Calderdale Tri Club	00:38:32	00:02:35	03:05:59	00:02:46	01:50:20	05:40:12
187	Andy Milne	M 45-49	34	Glenrothes Triathlon Club	00:36:09	00:03:20	03:10:28	00:03:13	01:47:05	05:40:14
188	Andrew Smith	M 40-44	37		00:36:34	00:02:28	02:59:37	00:03:14	01:59:17	05:41:09
189	Steve Rostron	M 45-49	35	Tri Preston	00:44:09	00:04:23	02:53:18	00:03:39	01:55:41	05:41:10



190	John Henry	M 40-44	38	Doncaster Triathlon Club	00:38:34	00:05:38	03:14:06	00:03:42	01:39:21	05:41:19
191	Rachel Jackson	F 35-39	4	Tri4Girlz	00:38:39	00:02:44	03:00:51	00:04:35	01:54:50	05:41:38
192	Snakey's Team	RELAY	6	Snakey's Team	00:30:07	00:01:07	03:18:47	00:00:59	01:50:47	05:41:46
193	Kevin Pye	M 35-39	23		00:34:04	00:02:31	02:53:04	00:03:12	02:09:06	05:41:57
194	Lucy Burn	F 25-29	1	Wakefield Triathlon Club	00:32:55	00:02:23	03:04:39	00:01:21	02:00:48	05:42:04
195	Dave Wilson	M 30-34	24		00:45:24	00:05:36	03:43:13	23:27:50	01:40:39	05:42:41
196	Darren Hepworth	M 45-49	36	Lincsquad	00:41:32	00:04:03	02:57:29	00:02:26	01:58:18	05:43:47
197	Craig Ward	M 40-44	39		00:35:42	00:03:07	03:05:26	00:02:29	01:57:07	05:43:50
198	Andrew Jackson	M 45-49	37	Wakefield Triathlon Club	00:35:41	00:03:55	02:59:32	00:01:41	02:04:10	05:44:57
199	Penny Johnson	F 45-49	4	Aycliffe Tri Club	00:41:24	00:03:10	02:57:07	00:02:26	02:00:52	05:44:59
200	Shona Cowper	F 30-34	5	Ealing Triathletes	00:34:59	00:05:19	03:11:58	00:02:14	01:50:34	05:45:03
201	Blue Ackworths	RELAY	7	Blue Ackworths	00:38:04	00:01:18	02:54:34	00:01:28	02:10:26	05:45:48

202	James Huntingdon	M 35-39	24		00:43:09	00:01:36	02:58:37	00:03:37	01:59:03	05:46:03
203	Isaline Kneale	F 50-54	2		00:51:18	00:02:00	02:54:34	00:02:46	01:55:43	05:46:21
204	Donna Cooper	F 40-44	11	Tri Rivington / Bolton Harriers	00:42:51	00:03:21	03:03:30	00:02:17	01:54:25	05:46:22
205	Gareth Davis	M 35-39	25	Kennys Legends	00:31:47	00:04:43	02:58:26	00:06:32	02:04:57	05:46:24
206	Zoe Dale	F 45-49	5	Barracuda Tri	00:39:40	00:02:29	03:07:55	00:01:53	01:55:20	05:47:17
207	Paul Sykes	M 40-44	40	Tri Rivington	00:36:43	00:02:33	03:04:49	00:03:00	02:00:15	05:47:19
208	Daniel Gray	M 30-34	25		00:34:47	00:05:35	03:08:45	00:05:22	01:52:54	05:47:22
209	Glen Stovold	M 40-44	41		00:36:25	00:04:31	03:06:07	00:05:30	01:55:37	05:48:10
210	Paul Norris	M 50-54	19		00:34:06	00:04:48	02:28:44	00:46:18	01:54:34	05:48:30
211	Rich Mcwatt	M 40-44	42	3X Tri	00:38:44	00:04:35	03:05:53	00:02:21	01:56:58	05:48:30
213	Neil Coleman	M 35-39	26		00:55:44	00:03:06	02:55:44	00:01:48	01:52:22	05:48:44
214	Carolyn Aldinger	F 30-34	6	Leeds Bradford Tri Club	00:41:15	00:04:13	03:09:14	00:04:37	01:50:03	05:49:20

215	Steve Hardisty	M 35-39	27		00:40:25	00:03:33	03:08:39	00:04:56	01:53:04	05:50:36
216	Calum Clark	M 25-29	14		00:32:56	00:02:19	03:03:20	00:06:18	02:06:17	05:51:09
217	Michael Leslie	M 50-54	20	Barracuda Tri	00:33:23	00:03:18	03:06:07	00:02:50	02:05:46	05:51:22
218	Jane Graney	F 35-39	5	Swinton Running Club	00:35:15	00:03:01	03:15:06	00:01:39	01:56:22	05:51:22
219	Robin Williamson	M 45-49	38		00:45:42	00:02:34	03:14:50	00:03:45	01:44:44	05:51:35
220	Patrick Heptinstall	M 45-49	39	Wakefield Triathlon Club	00:36:37	00:07:18	03:06:56	00:03:30	01:57:19	05:51:40
221	Chris Whittaker	M 45-49	40	Astley And Tyldesley Road Runners	00:31:34	00:02:23	02:49:38	00:02:52	02:25:40	05:52:07
222	Jonathan Cosgrove	M 40-44	43	Lostock Ac	00:38:56	00:02:40	03:04:16	00:03:17	02:03:07	05:52:14
223	Steven Holden	M 45-49	41		00:46:09	00:02:39	03:03:42	00:03:07	01:56:55	05:52:30
224	Andrew Coulton	M 40-44	44		00:32:58	00:02:30	03:10:44	00:03:35	02:03:05	05:52:52
225	Chris Aulton	M 50-54	21	Balanced Performance	00:47:36	00:04:21	02:39:18	00:41:40	01:40:05	05:53:00
226	Neil Shelmerdine	M 50-54	22		00:45:06	00:05:30	02:56:34	00:05:30	02:00:21	05:53:01

227	Mike Smith	M 35-39	28		00:40:05	00:04:15	03:02:57	00:02:42	02:03:32	05:53:29
228	Reece Maltby	M 35-39	29		00:40:02	00:03:16	03:04:37	00:01:47	02:03:58	05:53:39
229	Mark Bates	M 45-49	42	Mersey Tri	00:40:04			03:18:04	01:55:35	05:53:42
230	Debbie Rookes	F 45-49	6	3X Tri	00:37:47	00:02:28	03:11:17	00:02:02	02:00:27	05:53:59
231	Alan Swales	M 40-44	45	Team Manvers	00:31:14	00:03:56	03:09:03	00:05:41	02:04:22	05:54:15
232	Simon Usher	M 40-44	46		00:40:12	00:02:21	03:00:10	00:03:36	02:08:31	05:54:51
233	Michelle Fairclough	F 40-44	12	Astley & Tyldesley Triathlon Club	00:37:04	00:04:53	03:03:05	00:04:26	02:05:42	05:55:09
234	Michael Hemsworth	M 30-34	26	Wakefield Triathlon Club	00:44:07	00:02:40	03:01:13	00:05:21	02:01:51	05:55:10
235	Andrew Kitchen	M 40-44	47	Sheffield Tri Club	00:39:44	00:02:43	03:06:56	00:02:56	02:02:59	05:55:19
236	Bob Lauder	M 50-54	23		00:48:24	00:03:25	02:31:55	00:45:35	01:46:44	05:56:03
237	Mark Pollitt	M 35-39	30	Rochdale Tri Club	00:37:32	00:02:42	02:57:45	00:02:51	02:15:29	05:56:18
238	Paul Plested	M 50-54	24	Chester Triathlon Club	00:38:42	00:03:55	03:12:08	00:02:43	01:59:04	05:56:31

239	Sharon Jackson	F 40-44	13		00:44:36	00:05:06	03:04:30	00:04:45	01:57:36	05:56:33
240	Ann Griffiths	F 55-59	1		00:37:02	00:03:39	03:18:07	00:02:26	01:56:01	05:57:14
241	Ruth Rollin	F 50-54	3		00:48:49	00:04:40	03:05:15	00:03:45	01:54:51	05:57:18
242	Alex Hebdon	M 50-54	25		00:34:41	00:01:47	02:49:08	00:02:39	02:29:04	05:57:19
243	Kathryn Thomason	F 25-29	2	Humber Triathletes	00:33:39	00:02:39	03:02:40	00:02:52	02:16:20	05:58:09
244	Kenny Hunter	M 45-49	43	Team Manvers	00:34:25	00:02:33	02:47:07	00:01:20	02:34:14	05:59:39
245	Gary Allton	M 45-49	44	Chorley Cycling Club	00:40:55	00:04:33	02:57:59	00:04:42	02:11:54	06:00:02
246	Chris Smith	M 35-39	31	Kennys Legends	00:36:54	00:04:16	02:59:50	00:03:37	02:16:01	06:00:38
247	Paul Charles	M 50-54	26	Blue Lagooners	00:36:57	00:03:29	03:04:13	00:02:27	02:13:38	06:00:43
248	Mark Fraser	M 45-49	45	Wakefield Triathlon Club	00:33:35	00:03:00	03:07:09	00:04:48	02:12:28	06:00:59
249	Sarah Harris	F 25-29	3	Manchester Tri Club	00:28:57	00:01:38	02:56:27	00:01:15	01:53:06	05:21:22
250	Garry Keenan	M 50-54	27	Wetherby Rats	00:45:16	00:06:20	03:06:32	00:03:10	02:00:40	06:01:58

251	Nikola Sprigg	F 40-44	14	Absolute	00:38:02	00:02:39	03:00:20	00:02:32	02:18:30	06:02:02
252	Graham Trueman	M 35-39	32	Wakefield Triathlon Club	00:44:10	00:02:22	03:01:57	00:01:23	02:13:11	06:03:02
253	Helen Bloomer	F 50-54	4	Birchfield Harriers 43	00:40:40	00:07:45	03:25:53	00:04:45	01:45:14	06:04:16
254	David Webb	M 50-54	28		00:41:10	00:04:45	04:02:13	23:23:36	01:52:47	06:04:32
255	Keep Up With The Jones's	RELAY	8	Keep Up With The Jones's	00:38:08	00:01:09	03:26:09	00:00:59	01:58:24	06:04:47
256	Suzy Coates	F 35-39	6	Wakefield Triathlon Club	00:32:59	00:02:40	03:04:30	00:02:15	02:22:40	06:05:02
257	Andrew Johnson	M 55-59	8		00:43:10	00:05:00	03:15:17	00:04:32	01:57:43	06:05:41
258	Richard Horsfield	M 50-54	29		00:43:25	00:04:54	03:51:17	23:23:03	02:03:28	06:06:06
259	Matt Simpson	F 35-39	7		00:37:05	00:03:32	03:30:07	00:04:50	01:50:45	06:06:17
260	Zoe Mackay	F 40-44	15	Darlington Tri Club	00:34:18	00:02:32	03:07:17	00:02:09	02:20:39	06:06:54
261	Anthony Shipley	M 60-64	1	Wolds Way To Health	00:42:49	00:02:44	03:10:45	00:02:39	02:08:13	06:07:09
262	Shaun Bellamy	M 45-49	46	Kennys Legends	00:36:56	00:04:17	02:59:59	00:03:27	02:22:36	06:07:14

263	Steve Cooper	M 55-59	9	3X Tri	00:36:05	00:05:05	03:06:21	00:02:31	02:17:30	06:07:30
264	Craig Priestnall	M 30-34	27		00:37:55	00:02:44	03:16:21	00:02:51	02:08:05	06:07:55
265	Stuart Fowler	M 40-44	48		00:34:27	00:04:43	03:08:32	00:02:52	02:17:23	06:07:56
266	Philip Asher	M 40-44	49		00:41:24	00:04:49	03:19:16	00:04:33	01:58:20	06:08:21
267	Nikky Christie	F 50-54	5		00:33:20	00:03:11	03:15:24	00:02:12	02:14:23	06:08:30
268	Nicola Philp	F 35-39	8	Glenrothes Triathlon Club	00:39:03	00:03:39	03:21:38	00:03:43	02:01:56	06:09:58
269	David Singleton	M 50-54	30		00:39:51	00:05:29	03:15:42	00:02:41	02:06:18	06:10:01
270	Ian Berridge	M 45-49	47	Lincsquad	00:36:51	00:04:06	03:03:00	00:02:47	02:23:36	06:10:19
271	Gareth Allen	M 40-44	50	Wakefield Triathlon Club	01:13:18	00:03:12	03:01:37	00:03:20	01:50:05	06:11:31
272	Steve Firth	M 50-54	31	Wakefield Triathlon Club	00:43:25	00:03:56	03:32:18	00:02:43	01:50:00	06:12:23
273	Gareth Barker	M 45-49	48		00:42:30	00:02:07	03:04:17	00:03:00	02:20:46	06:12:39
274	Sue Stockley	F 45-49	7		00:37:47	00:03:53	03:13:37	00:02:03	02:15:30	06:12:50

275	Stu Sklinar	M 30-34	28	Alba Rosa Cc	00:44:48	00:04:22	03:07:29	00:02:25	02:14:01	06:13:04
276	Dennis Millington	M 55-59	10		00:39:12	00:04:15	03:18:43	00:04:55	02:06:14	06:13:17
277	Nicholas Forrester	M 40-44	51		00:39:39	00:03:36	03:04:42	00:01:54	02:23:34	06:13:23
278	Catherine O'Shaughnessy	F 40-44	16	Team Bear	00:46:10	00:08:12	03:11:07	00:02:54	02:05:21	06:13:44
279	Kathy Frankland	F 45-49	8	Chester Triathlon Club	00:47:03	00:08:27	03:06:17	00:08:58	02:03:24	06:14:08
280	Charlotte Hartley	F 35-39	9	Rosendale	00:34:41	00:05:40	03:31:30	00:02:47	02:00:04	06:14:41
281	David Barlow	M 60-64	2	Colts (City Of Lancaster Triathlon )	00:41:42	00:04:08	03:20:11	00:03:42	02:06:12	06:15:54
282	Raymond Smith	M 55-59	11		00:40:02	00:04:54	03:21:50	00:06:09	02:03:01	06:15:55
283	Maxine Mussell	F 40-44	17		00:41:46	00:04:06	03:20:00	00:02:32	02:07:35	06:15:58
284	Mike Bowie	M 40-44	52	Chester Triathlon Club	00:43:37	00:06:27	03:08:34	00:03:56	02:14:41	06:17:14
285	Sarah Marsden	F 20-24	1	Team Bear	00:46:01	00:02:17	03:19:36	00:04:24	02:05:19	06:17:36
286	Danny Tarbuck	M 30-34	29	The Endurance Store	00:40:35	00:01:51	03:06:19	00:02:50	02:26:29	06:18:02



287	Adrienne Fisher	F 40-44	18	Bolton United Harriers	00:40:20	00:05:22	03:23:44	00:05:10	02:04:38	06:19:13
288	Shafique Ahmad	M 45-49	49		00:45:21	00:05:50	03:13:57	00:03:09	02:11:17	06:19:34
289	Lesley Hattersley	F 45-49	9	Tri4Girlz	00:39:42	00:04:25	03:15:41	00:03:17	02:17:25	06:20:30
290	Wendi Duncan	F 45-49	10		00:44:00	00:03:33	03:11:19	00:01:59	02:19:39	06:20:32
291	Damien Parkinson	M 30-34	30	West Lancs Triathlon Club	00:35:23	00:02:25	03:19:39	00:01:38	02:22:06	06:21:10
292	Ray Mcgloin	M 55-59	12	Tri Rivington Uk	00:41:46	00:06:48	02:58:48	00:07:02	02:26:58	06:21:21
293	Lee Thoday	M 40-44	53	Team Manvers	00:40:22	00:02:28	03:13:21	00:03:39	02:22:37	06:22:27
294	Peter Gossop	M 50-54	32	Lincsquad	00:33:50	00:02:44	02:58:51	00:02:14	02:44:51	06:22:28
295	Mark Crellin	M 50-54	33	Grimsby Tri Club	00:48:49	00:03:36	03:21:34	00:04:34	02:04:43	06:23:15
296	James Howat	M 30-34	31	Racing Tnt	00:42:02	00:04:16	03:04:32	00:05:41	02:27:07	06:23:36
297	John Simpson	M 65-69	1	Wetherby	00:41:28	00:05:31	03:31:00	00:02:59	02:02:59	06:23:57
298	Andrew Falkingbridge	M 45-49	50	Team Bear Tri	00:40:37	00:08:09	03:06:42	00:06:49	02:22:49	06:25:05

299	Sarah Halford	F 40-44	19	Balanced Performance	00:35:30	00:04:14	03:30:04	00:02:30	02:13:21	06:25:39
300	Harrison Miller	M 25-29	15		01:01:31	00:04:04	03:12:08	00:03:02	02:04:57	06:25:42
301	Gemma Williams	F 20-24	2		00:37:10	00:02:41	03:27:30	00:01:47	02:16:59	06:26:06
302	Mark Connolly	M 40-44	54	Lincsquad	00:36:37	00:02:22	03:05:51	00:01:43	02:40:17	06:26:49
303	Stuart Mcintyre	M 40-44	55		00:35:48	00:03:33	03:25:24	00:03:32	02:18:39	06:26:55
304	Lindsay Sunter	F 50-54	6	Team Manvers	00:46:05	00:03:28	03:10:11	00:03:37	02:24:10	06:27:29
305	Leigh Andrew	M 45-49	51	York Tri Club	00:43:49	00:04:42	03:05:52	00:04:14	02:29:35	06:28:12
306	Harry Sime	M 50-54	34		00:45:20	00:04:06	03:34:56	00:05:14	01:58:50	06:28:24
307	Eleonora Muir	F 45-49	11		00:45:08	00:06:31	03:20:26	00:05:58	02:10:41	06:28:44
308	Fiona Fylan	F 50-54	7		00:45:34	00:05:42	03:30:43	00:05:20	02:01:30	06:28:48
309	Tony Murfin	M 50-54	35	Chester Triathlon Club	00:46:18	00:04:59	03:15:13	00:04:24	02:18:08	06:29:00
310	Lee Shackleton	F 40-44	20	Blue Lagooners	00:37:31	00:02:35	03:10:06	00:02:38	02:36:10	06:29:00

311	Rachel Dearing	F 35-39	10		00:34:59	00:04:34	03:29:25	00:05:33	02:15:04	06:29:35
312	Keith Watson	M 55-59	13		00:38:41	00:04:31	03:22:34	00:03:13	02:20:55	06:29:55
313	Alison Aberdeen	RELAY	9		00:51:38	00:01:00	03:43:05	00:00:58	01:53:47	06:30:27
314	Hannah Edwards	F 30-34	7	Bolton United Harriers	00:44:01	00:05:36	03:36:49	00:03:24	02:01:24	06:31:14
315	Karen Landells	F 35-39	11	Team Tri Sports	00:39:03	00:04:48	03:21:27	00:06:36	02:20:11	06:32:06
316	Martin Howcroft	M 45-49	52	Wakefield Triathlon Club	00:47:32	00:05:03	03:17:54	00:04:26	02:17:48	06:32:42
317	Elaine Painter	F 40-44	21	Fitmums And Friends	00:38:47	00:05:37	03:23:33	00:05:45	02:19:34	06:33:15
318	Nolan Stewart	M 35-39	33	Team Tommy Bear	00:47:07	00:04:34	03:15:12	00:03:50	02:22:45	06:33:28
319	Michelle Wilder	F 45-49	12	Manchester Tri Club	00:39:21	00:03:42	03:28:08	00:03:49	02:19:43	06:34:41
320	Lorain Mccann	F 50-54	8		00:34:33	00:04:24	03:24:46	00:05:24	02:26:37	06:35:41
321	Lesley Kernaghan	F 60-64	1	Berkshire Tri Squad	00:36:02	00:03:33	03:37:55	00:02:48	02:15:26	06:35:43
322	Gillian Ramsden	F 45-49	13	Tri Rivington	00:42:04	00:05:59	03:24:10	00:05:44	02:17:49	06:35:45

323	Ali's Boys	RELAY	10	Ali's Boys	00:43:47	00:01:28	04:05:59	00:01:23	01:44:57	06:37:34
324	Antony Danaos	M 40-44	56		00:50:35	00:06:58	03:49:40	00:04:04	01:46:31	06:37:48
325	Fiona Beck	F 40-44	22		00:37:30	00:03:53	03:43:12	00:03:41	02:09:45	06:37:59
326	Philip Amos	M 50-54	36	Kennys Legends	00:45:03	00:06:49	03:01:08	00:03:39	02:41:27	06:38:06
327	Janet Watson	F 60-64	2	Tri-Logic Cornwall	00:42:51	00:05:29	03:28:41	00:04:35	02:16:33	06:38:08
328	James Newby	M 55-59	14	Wakefield Triathlon Club	00:47:45	00:07:09	03:34:21	00:05:18	02:05:48	06:40:20
329	Joanne Farmery	F 45-49	14	Grimsby Tri Club	00:45:26	00:06:23	03:35:21	00:03:13	02:10:20	06:40:42
330	Emma Fell	F 45-49	15		00:29:59	00:04:08	03:48:39	00:09:18	02:08:48	06:40:50
331	Karon Jones	F 50-54	9	Birchfield Harriers	00:45:14	00:05:43	03:30:43	00:02:52	02:16:31	06:41:02
332	Andy Ives	M 50-54	37		00:46:18	00:02:27	03:16:00	00:03:56	02:32:30	06:41:10
333	Jacqueline Maycock	F 50-54	10	Team Mk	00:32:15	00:03:24	03:36:07	00:04:11	02:26:22	06:42:19
334	Matthew Gibson	M 35-39	34	Alba Rosa Cc	00:47:10	00:07:40	03:25:51	00:11:34	02:16:26	06:48:41

335	Alan Mather	M 50-54	38	Lostock Ac	00:39:30	00:04:21	03:34:46	00:05:08	02:25:17	06:49:02
336	Marion Peak	F 50-54	11	Birchfield Harriers	00:42:48	00:07:57	03:49:00	00:03:48	02:06:50	06:50:22
337	Philip Grace	M 45-49	53		00:38:02	00:04:09	03:16:26	00:02:32	02:50:54	06:52:02
338	Denise Cant	F 50-54	12					04:25:21	02:28:11	06:53:32
339	Phil Johnson	M 35-39	35	York Tri Club	00:41:01	00:03:17	03:20:00	00:03:11	02:46:17	06:53:45
340	David Watson	M 55-59	15	Eastrington Village Tri Club	00:55:41	00:08:42	03:35:46	00:03:19	02:11:18	06:54:45
341	Jenny Cornish	F 35-39	12		00:55:47	00:05:09	03:39:36	00:02:28	02:12:12	06:55:11
342	Kirstie Whyatt	F 40-44	23		00:28:52	00:04:18	04:00:54	00:04:14	02:17:31	06:55:50
343	Christopher Watson	M 30-34	32		00:43:29	00:06:13	03:28:40	00:03:18	02:35:41	06:57:19
344	Julie Lomax	F 40-44	24	Tri Rivington	00:41:49	00:04:59	03:58:17	00:03:18	02:10:47	06:59:10
345	Richard Petrie	M 30-34	33		00:41:26	00:05:11	03:19:44	00:05:04	02:49:20	07:00:45
346	Elaine Herriott	F 45-49	16	Grimsby Tri Club	00:58:33	00:06:00	03:25:42	00:03:11	02:29:31	07:02:55

347	Theresa Rayner	F 35-39	13		00:47:17	00:03:36	03:31:04	00:04:04	02:39:32	07:05:31
348	Mary Ross	F 55-59	2		00:54:08	00:07:31	03:49:27	00:05:03	02:10:43	07:06:51
349	Laura Ashford	F 30-34	8	Chester Triathlon Club	00:39:55	00:06:20	04:03:51	00:04:18	02:13:23	07:07:46
350	Tracy Waterfall-Chadwick	F 40-44	25	Astley And Tyldesley	00:42:43	00:06:52	03:25:32	00:04:56	02:48:23	07:08:25
351	Andrew Lawson	M 55-59	16	Lincsquad	00:44:02	00:05:30	03:55:42	00:07:45	02:17:07	07:10:04
352	Sophie Freeman	F 20-24	3		00:39:34	00:05:01	03:32:34	00:03:43	02:50:52	07:11:43
353	Helen Savory	F 25-29	4		00:38:52	00:05:34	04:16:52	00:03:57	02:16:39	07:21:52
354	Ann Grenfell	F 45-49	17		00:52:32	00:05:56	03:52:11	00:03:12	02:37:17	07:31:08
355	Bev Foster	F 50-54	13	Thornton Cleveleys Running Club	00:54:36	00:02:29	03:55:26	00:03:48	02:37:38	07:33:56
356	David Herriott	M 50-54	39	Grimsby Tri Club	00:39:07	00:06:28	04:06:48	00:05:03	03:01:35	07:59:02
-	Rebecca Burge	F 25-29		Barracuda Tri	00:36:28	00:02:41	03:15:28			0
-	Faye Mullen	F 25-29			00:46:39	00:05:51	04:52:59			0

-	Heather Wesson	F 30-34			00:38:42	00:05:10	03:41:29	00:08:06		0
-	Lesley Gray	F 45-49		Thornton Cleveleys Running Club	00:31:25	00:02:30	01:35:31			0
-	Alison Crellin	F 50-54	14	Woldsway To Health	00:37:26	00:02:30	01:29:49	00:10:06	01:49:14	0
-	Sam Walley	M 16-18		East Lancs Road Club	00:32:26	00:02:45	02:43:27	00:03:02		0
-	Ben Greene	M 20-24	9		00:27:27	00:02:44	03:09:34	00:03:54		0
-	Sean Slater	M 25-29			00:41:46	00:02:30	03:06:59	00:04:15		0
-	James Cooper	M 25-29		Salisbury Tri Club	00:26:09	00:02:28				0
-	Tom Pollard	M 25-29		Hyde Park Harriers	00:32:41	00:02:32	03:24:51	00:42:48		0
-	Stephen Mulligan	M 30-34		Wakefield Triathlon Club	00:29:37	00:02:22	02:58:21			0
-	David Burkitt	M 30-34		Danum Harriers Tri	00:33:19	00:05:11				0
-	Steven Jackson	M 30-34		Tyne Triathlon	00:34:27	00:03:54	03:33:25	00:01:48		0
-	Chris Edley	M 35-39		Sheffield Tri Club	00:42:18	00:02:39	01:23:58			0

-	Ben Flounders	M 35-39	Hartlepool Tri Club/Twfrs Tri	00:34:15	00:02:21	02:28:40			0
-	Shayne Wilson	M 35-39	Team Tri Guru / Team Oxygen Addict	00:30:10	00:02:42				0
-	Ben Andrews	M 35-39	Performance Coaching	00:35:17	00:02:24	01:34:47	00:03:41		0
-	Steven Wynne	M 40-44	Manchester Tri Club	00:37:47	00:02:33	03:08:39	00:04:21		0
-	Phil Denby	M 40-44		00:27:58	00:02:36				0
-	Robert Clark	M 40-44		00:33:26	00:03:54				0
-	Malachi Rangecroft	M 40-44	Wakefield Triathlon Club	00:38:57	00:04:45				0
-	Mark Hadley	M 40-44		00:41:03			05:57:33		0
-	Andy Turner	M 40-44	Gmfrs Fire Tri	00:30:29	00:02:21		02:25:01		0
-	James Doyle	M 40-44			01:17:43	03:02:52	00:04:02	01:57:53	0
-	John Manders	M 45-49	Nrg/Godleys Rt	00:32:55	00:02:16	01:21:45			0
-	Derry O'Neill	M 45-49		00:45:37	00:05:02	01:39:23	00:25:29		0



-	Martin Hickey	M 45-49	Off That Couch Fitness	00:32:57	00:02:42				0
-	Gary Wolstencroft	M 45-49	Manchester Tri Club	00:31:21	00:02:25	02:46:31	00:03:22		0
-	Tony Douglass	M 45-49		00:37:53	00:03:56	02:42:07	00:03:33		0
-	Martin Oldfield	M 45-49	Darwen Tri Club	00:36:59	00:02:29	02:35:38	00:01:46		0
-	Terry Walsh	M 45-49		00:40:21	00:04:53	01:55:44	00:05:18	01:44:25	0
-	Mark Hanlon	M 50-54	Team Woody	00:30:20	00:02:17	02:33:48	00:03:21		0
-	Andrew Acha	M 50-54		00:31:17	00:02:39		02:18:41		0
-	Ray Nuttall	M 55-59		00:41:10	00:05:31	03:07:14	00:04:17		0
-	Stephen Raby	M 55-59	Leeds Bradford Tri Club	00:40:25	00:03:18	03:18:54			0
-	Philip Copley	M 55-59		00:37:40	00:02:28				0
-	Peak XV	RELAY	Peak XV	00:33:49					0