



Sundowner Triathlon

Pos	Athlete Name	Cat	Cat Pos	Club	Swim	T1	Bike	T2	Run	Total Time
101	Heather Parkin	F 40-44	4	Wakefield Triathlon Club	00:30:52	00:02:37	02:56:57	00:01:32	01:45:06	05:17:04
102	Steve Kaye	M 40-44	22	Team Manvers	00:33:03	00:02:16	02:50:27	00:02:21	01:48:58	05:17:04
103	Nick Dootson	M 30-34	13		00:31:48	00:02:19	03:01:12	23:52:53	01:49:16	05:17:27
104	Andrea Lancaster	F 40-44	5	York Tri Club	00:35:03	00:02:40	02:57:15	00:02:46	01:39:50	05:17:33
105	Chris Hannant	M 45-49	16		00:25:06	00:11:04	02:51:02	00:04:19	01:46:09	05:17:38
106	Peter Tindall	M 35-39	16		00:35:55	00:02:58	02:45:53	00:03:37	01:49:35	05:17:56
107	Peter Kelly	M 45-49	17		00:27:07	00:02:34	02:51:12	00:02:51	01:54:12	05:17:56
108	Alastair Wills	M 35-39	17	Leeds Bradford Tri Club	00:30:06	00:02:25	02:49:31	00:02:51	01:53:40	05:18:32
109	Anthony Hart	M 45-49	18	Astley And Tyldesley	00:41:25	00:02:44	02:40:21	00:02:16	01:52:34	05:19:20

110	Chris Store	M 30-34	14		00:33:27	00:03:00	02:51:17	00:02:34	01:49:20	05:19:37
111	Graham Robinson	M 50-54	12	Barracuda Tri	00:34:29	00:02:47	02:52:10	00:03:03	01:47:39	05:20:08
112	Christopher Clarke	M 45-49	19	Mansfield Triathlon	00:33:12	00:03:28	02:38:56	00:04:57	01:59:47	05:20:20
113	Roy Brunning	M 50-54	13	Raf Tri	00:33:02	00:02:40	02:49:15	00:02:48	01:52:51	05:20:34
114	Stuart Parsonson	M 40-44	23	Tri Rivington	00:34:17	00:02:34	02:54:07	00:02:00	01:48:02	05:20:59
115	David Hinch	M 45-49	20	Lincsquad	00:43:44	00:04:36	02:35:27	00:04:38	01:53:06	05:21:30
116	Stuart Green	M 30-34	15	Glenrothes Triathlon Club	00:39:13	00:02:31	02:54:52	00:04:03	01:41:55	05:22:33
117	Ian Joslin	M 40-44	24	Astley & Tyldesley Road Runners	00:42:51	00:03:20	02:46:05	00:02:15	01:48:24	05:22:53
118	Dean Ramsden	M 45-49	21	Tri Rivington	00:39:39	00:02:16	02:43:59	00:02:26	01:54:55	05:23:14
119	Steven Walsh	M 35-39	18	Knutsford Tri Club	00:29:41	00:02:39	02:50:34	00:02:48	01:57:38	05:23:19
120	Mark Gollings	M 50-54	14	Lincsquad	00:41:38	00:02:15	02:37:07	00:01:57	02:00:40	05:23:36
121	Caz Kay	F 35-39	1	Racing Tnt Triathlon Team	00:30:41	00:02:29	02:53:19	00:04:04	01:53:06	05:23:38

122	Kathryn Roberts	F 35-39	2		00:32:33	00:02:22	02:52:11	00:01:48	01:55:16	05:24:08
123	Ian Hurst	M 40-44	25	Ribble Valley Triathlon Club	00:41:11	00:02:41	02:46:12	00:02:04	01:52:32	05:24:40
124	Michael Pepper	M 50-54	15		00:25:46	00:02:23	02:53:37	00:04:20	01:58:44	05:24:49
125	Michael Vargas	M 30-34	16		00:42:23	00:03:10	03:14:30	00:00:59	01:23:53	05:24:55
126	Andy Pidduck	M 55-59	4	Adwick Triathlon Club	00:35:49	00:02:42	02:45:29	00:01:21	01:59:38	05:24:59
127	Lisa Baker	F 40-44	6	Team Woody	00:31:40	00:02:39	02:53:29	00:03:07	01:54:14	05:25:08
128	Gary Forsyth	M 50-54	16		00:38:11	00:02:44	02:44:55	00:01:58	01:57:27	05:25:13
129	Jon Challen	M 40-44	26	Manilla Cycling	00:35:27	00:02:18	02:43:38	00:03:54	02:00:13	05:25:30
130	Tom Dawson	M 30-34	17	East Hull Harriers	00:40:57	00:05:00	02:59:43	00:03:17	01:36:46	05:25:42
131	Matthew Kennington	M 45-49	22	York Tri Club	00:33:46	00:02:37	02:55:05	00:03:28	01:51:03	05:25:59
132	Lorraine Smith	F 45-49	2	Holmfirth Triathlon Club	00:28:54	00:02:27	03:08:59	00:01:50	01:43:52	05:26:01
133	Thomas Sockett	M 25-29	10	Glassman Tri	00:39:12	00:02:45	02:37:24	00:02:08	02:04:38	05:26:08

134	Andrew Marsden	M 40-44	27	Sheffield Tri Club	00:32:04	00:02:35	02:35:54	00:01:52	02:13:52	05:26:17
135	Keith Freegard	M 55-59	5	Ealing Triathletes	00:33:27	00:02:54	02:49:57	00:03:05	01:56:58	05:26:19
136	Matthew Rose	M 40-44	28	Holmfirth Harriers Ac	00:36:49	00:03:06	02:59:24	00:01:42	01:45:22	05:26:21
137	Roger Tilbrook	M 55-59	6	Leeds Bradford Tri Club	00:33:46	00:02:42	02:52:31	00:02:10	01:55:28	05:26:36
138	Phil Riley	M 40-44	29	Astley & Tyldesley Road Runners	00:38:57	00:02:35	02:54:24	00:02:22	01:48:23	05:26:41
139	Emma Spence	F 40-44	7	Tri Rivington	00:37:15	00:02:37	02:46:33	00:02:49	01:58:06	05:27:18
140	Simon Morton	M 40-44	30		00:44:17	00:02:29	02:51:39	00:01:38	01:47:24	05:27:25
141	Tri Rivington	RELAY	4	Tri Rivington	00:44:49	00:00:49	02:54:51	00:02:38	01:44:59	05:28:05
142	Robert Sherlock	M 30-34	18		00:38:40	00:04:08	02:47:37	00:04:25	01:53:21	05:28:10
143	Michael Yorwerth	M 45-49	23		00:43:01	00:02:33	02:57:51	00:02:13	01:43:09	05:28:46
144	James Robinson	M 20-24	6	Barracuda Tri	00:32:48	00:02:18	03:02:34	00:01:38	01:49:32	05:28:49
145	David Smith	M 20-24	7	Tri Rivington	00:32:51	00:04:02	02:58:33	00:04:25	01:49:21	05:29:12

146	Thomas Mawer	M 25-29	11		00:37:33	00:04:28	02:55:19	00:03:45	01:48:36	05:29:38
147	Tom Pridding	M 30-34	19		00:34:36	00:03:45	02:48:55	00:02:04	02:00:47	05:30:07
148	Claire Hebblethwaite	F 40-44	8	Knutsford Tri Club	00:32:07	00:02:16	02:58:14	00:02:39	01:55:05	05:30:19
149	Nigel Paylor	M 45-49	24	Mansfield Triathlon	00:38:29	00:03:56	02:53:26	00:03:12	01:51:43	05:30:46
150	Thomas Woolley	M 20-24	8	Wakefield Triathlon Club	00:34:15	00:02:21	02:55:49	00:02:19	01:57:10	05:31:53
151	Simon Liptrott	M 40-44	31	Vegan Runners Uk	00:42:42	00:02:43	02:55:41	00:01:41	01:49:30	05:32:16
152	Greig Shearer	M 45-49	25	Glenrothes Triathlon Club	00:37:03	00:02:45	02:52:47	00:01:42	01:58:07	05:32:22
153	Christopher Wood	M 40-44	32		00:42:33	00:04:47	02:43:34	00:03:56	01:57:41	05:32:30
154	Brendan Matthews	M 30-34	20	Barracuda Tri	00:39:28	00:02:58	03:00:10	00:02:00	01:47:58	05:32:34
155	Amanda Yorwerth	F 45-49	3		00:35:33	00:02:18	03:46:09	23:27:16	01:41:25	05:32:41
156	Rodney Ebanks	M 40-44	33	D3 Ealing Triathletes	00:37:18	00:03:04	02:49:38	00:03:56	01:59:03	05:33:00
157	Jason Codling	M 45-49	26	East Lancs Road Club	00:40:01	00:04:27	02:50:17	00:03:06	01:55:10	05:33:01

158	Philip Cullen	M 45-49	27	Wakefield Triathlon Club	00:37:45	00:02:26	02:50:45	00:03:40	01:58:36	05:33:10
159	Chris Sanders	M 40-44	34		00:38:08	00:02:52	02:57:41	00:04:36	01:51:14	05:34:32
160	Sarah Cole	F 35-39	3		00:35:01	00:02:27	03:04:50	00:03:38	01:48:52	05:34:48
161	Chris Whelan	M 45-49	28	Mersey Tri	00:37:12	00:02:52	03:06:01	00:02:05	01:46:53	05:35:02
162	Richard Anness	M 50-54	17	Lincsquad	00:35:49	00:02:36	02:55:18	00:02:46	01:58:41	05:35:09
163	Barracuda Tri	RELAY	5	Barracuda Tri	00:35:39	00:02:47	03:06:47	00:00:57	01:49:17	05:35:26
164	Alex Hewett	F 30-34	3	Ealing Esc D3 Triathletes	00:32:21	00:02:22	02:57:38	00:01:36	02:01:57	05:35:52
165	John Beveridge	M 30-34	21	Glenrothes Triathlon Club	00:35:08	00:04:52	03:01:25	00:01:58	01:52:52	05:36:13
166	Neil Hall	M 45-49	29	Lincsquad	00:35:34	00:03:31	02:49:09	00:02:52	02:05:34	05:36:38
167	Neil Clark	M 45-49	30	Glenrothes Triathlon Club	00:33:36	00:03:47	03:00:12	00:02:30	01:56:48	05:36:53
168	Linda Whittaker	F 50-54	1	Astley And Tyldesley Road Runners	00:38:53	00:02:05	02:57:17	00:01:43	01:57:22	05:37:21
169	Tony Warham	M 35-39	19	Bolton United Harriers	00:40:50	00:04:55	03:03:09	00:03:32	01:45:19	05:37:43

170	Stuart Town	M 35-39	20		00:34:41	00:02:41	02:55:53	00:02:06	02:02:39	05:37:59
171	Neil Buckley	M 55-59	7	York Tri Club	00:39:30	00:02:43	02:55:26	00:02:55	01:57:30	05:38:02
172	Edward Lisney	M 25-29	12	Beverley Ac	00:39:27	00:03:32	03:03:13	00:02:10	01:49:42	05:38:04
173	Nicola Hall	F 40-44	9	Lincsquad	00:28:58	00:04:08	03:01:12	00:03:18	02:00:33	05:38:09
174	Sean Hewitt	M 45-49	31	Wakefield Triathlon Club	00:35:39	00:02:38	03:06:32	00:05:57	01:47:31	05:38:17
175	Julie Bucknell	F 40-44	10	Wetherby Runners Ac	00:37:33	00:03:17	03:09:04	00:02:17	01:46:07	05:38:18
176	Shaun Gowen	M 35-39	21		00:40:24	00:02:54	03:02:34	00:01:33	01:50:58	05:38:22
177	Charlotte Walton	F 30-34	4	City Of Chester Triathlon Club	00:32:11	00:02:34	03:00:48	00:01:39	02:01:14	05:38:25
178	Andrew Hamlett Orme	M 45-49	32	Knutsford Tri Club	00:32:46	00:02:29	03:09:01	00:04:32	01:50:25	05:39:12
179	Mark Sowerby	M 40-44	35		00:40:58	00:03:00	02:47:48	00:02:45	02:05:06	05:39:36
180	Colin Riddell	M 50-54	18	York Tri Club	00:35:58	00:02:20	02:59:47	00:03:32	01:58:05	05:39:41
181	Mike Watson	M 30-34	22		00:36:18	00:04:05	02:49:32	00:02:53	02:06:53	05:39:41

182	Paul Walton	M 25-29	13		00:39:16	00:04:25	02:58:54	00:04:06	01:53:13	05:39:53
183	Ben Firth	M 35-39	22		00:39:46	00:03:35	03:06:47	00:02:37	01:47:11	05:39:55
184	David Scott	M 45-49	33	Grimsby Tri Club	00:31:45	00:03:26	03:00:39	00:02:49	02:01:25	05:40:04
185	Robert Warburton	M 40-44	36		00:38:50	00:04:06	02:52:59	00:02:55	02:01:18	05:40:07
186	Mathew Boon	M 30-34	23	Calderdale Tri Club	00:38:32	00:02:35	03:05:59	00:02:46	01:50:20	05:40:12
187	Andy Milne	M 45-49	34	Glenrothes Triathlon Club	00:36:09	00:03:20	03:10:28	00:03:13	01:47:05	05:40:14
188	Andrew Smith	M 40-44	37		00:36:34	00:02:28	02:59:37	00:03:14	01:59:17	05:41:09
189	Steve Rostron	M 45-49	35	Tri Preston	00:44:09	00:04:23	02:53:18	00:03:39	01:55:41	05:41:10
190	John Henry	M 40-44	38	Doncaster Triathlon Club	00:38:34	00:05:38	03:14:06	00:03:42	01:39:21	05:41:19
191	Rachel Jackson	F 35-39	4	Tri4Girlz	00:38:39	00:02:44	03:00:51	00:04:35	01:54:50	05:41:38
192	Snakey's Team	RELAY	6	Snakey's Team	00:30:07	00:01:07	03:18:47	00:00:59	01:50:47	05:41:46
193	Kevin Pye	M 35-39	23		00:34:04	00:02:31	02:53:04	00:03:12	02:09:06	05:41:57

194	Lucy Burn	F 25-29	1	Wakefield Triathlon Club	00:32:55	00:02:23	03:04:39	00:01:21	02:00:48	05:42:04
195	Dave Wilson	M 30-34	24		00:45:24	00:05:36	03:43:13	23:27:50	01:40:39	05:42:41
196	Darren Hepworth	M 45-49	36	Lincsquad	00:41:32	00:04:03	02:57:29	00:02:26	01:58:18	05:43:47
197	Craig Ward	M 40-44	39		00:35:42	00:03:07	03:05:26	00:02:29	01:57:07	05:43:50
198	Andrew Jackson	M 45-49	37	Wakefield Triathlon Club	00:35:41	00:03:55	02:59:32	00:01:41	02:04:10	05:44:57
199	Penny Johnson	F 45-49	4	Aycliffe Tri Club	00:41:24	00:03:10	02:57:07	00:02:26	02:00:52	05:44:59
200	Shona Cowper	F 30-34	5	Ealing Triathletes	00:34:59	00:05:19	03:11:58	00:02:14	01:50:34	05:45:03