

A photograph of a man, Richard Jex, running in a triathlon. He is wearing a black Nike t-shirt, sunglasses, and a red and white sash across his chest. He is in the foreground, looking forward with a determined expression. Other runners are visible in the background, slightly out of focus. The background is a green, grassy area.

**CONGRATULATIONS
RICHARD JEX
ON COMPLETING THE
RIPON RESULTS TEST 2**

SWIM	00:22:57
T1	00:01:53
BIKE	01:07:00
T2	00:00:48
RUN	00:42:15
TOTAL TIME	02:14:52