

2016



SUNDOWNER TRIATHLON

1900m/90km/21km

**CONGRATULATIONS
HOWARD SPENCE
ON COMPLETING THE
SUNDOWNER TRIATHLON 2016**

SWIM 00:31:16



T1 00:02:22

BIKE 02:36:42



T2 00:02:46

RUN 01:51:02



TOTAL TIME 05:04:06

**Freebird
EVENTS**