

2016



SUNDOWNER TRIATHLON

1900m/90km/21km

**CONGRATULATIONS
ADRIAN MESSINGHAM
ON COMPLETING THE
SUNDOWNER TRIATHLON 2016**

SWIM 00:31:33



T1 00:02:20

BIKE 03:17:46



T2 23:29:22

RUN 01:44:18



TOTAL TIME 05:05:18

**Freebird
EVENTS**