

**2016**



**SUNDOWNER  
SPRINT  
TRIATHLON**  
750m/20km/5km

**CONGRATULATIONS  
PAULINE FOOT  
ON COMPLETING THE  
SUNDOWNER SPRINT TRI 2016**

**SWIM** 00:11:50



**T1** 00:01:41

**BIKE** 00:36:58



**T2** 00:01:07

**RUN** 00:24:47



**TOTAL TIME** 01:16:22



**Freebird**  
EVENTS